



HEALTH AND SAFETY CODE OF CONDUCT

In order to provide a safe and healthy experience for all Members and Team Members, Gold's Gym DC Metro has adopted this Code of Conduct. The Code of Conduct (the "Code") is intended to provide health and safety standards that can be applied by Gold's Gym DC Metro to its Members and Team Members. The primary goal is the welfare and protection of the Members and Team Members involved in the use of Gold's Gym's facilities, programs and participation of services.

As a Member or Team Member, please agree to the following:

- In conjunction with the Code of Conduct, adhere to all Gold's Gym facility 'Rules and Regulations.'
- Abide by the social distancing rule by keeping a 6-10 foot distance between other Members and Team Members per State Guidelines.
- Minimize and avoid unnecessary physical contact.
- NOT attempt to use equipment that is non-operational or has a sign communicating non-use due to maintenance or cleaning.
- Thoroughly wipe down equipment and surfaces before and after each use using provided sanitation tools.
- Use the Gold's Gym facility for no more than 90-minutes per day.
- Practice proper hygiene by washing hands regularly, including before and after workouts.
- NOT visit a Gold's Gym facility if displaying symptoms of illness or Covid-19, including fever, cough and shortness of breath.

Additionally, as guidelines related to sanitation, social distancing and Member safety change, Gold's Gym facility operations hours will be modified, and specific amenities may be unavailable.

Thank you. We appreciate your care and concern for the well-being of our Gold's Gym DC Metro community.

GOLD'S GYM DC METRO