

### Gold's Gym Woodinville Pool Schedule

FALL 2020

Schedule	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 AM to 8:00 AM <small>(Sat &amp; Sun 7AM)</small>		GAC	GAC	GAC	GAC	GAC	
8:00 AM to 9:00 AM	Lap Lane	Lap Lane	Lap Lane	Lap Lane	Lap Lane	Lap Lane	Lap Lane
9:00 AM to 11:00 PM	Lap Lane	Lap Lane	Lap Lane	Lap Lane	Lap Lane	Lap Lane	Lap Lane
11:00 PM to 2:00 PM	Lap Lane	Lap Lane	Lap Lane	Lap Lane	Lap Lane	Lap Lane	Lap Lane
2:00 PM to 3:00 PM	Weekends Lap Lanes are available to reserve for family swim from 11am to 2pm		Lap Lane	Lap Lane	Lap Lane	Lap Lane	Lap Lane
3:00 PM to 9:00 PM	Reservations must be made to use the pool Family Swim no more than 5 in a lane		GAC	GAC	GAC	GAC	GAC

All pool users must make a reservation before using pool

Lap Lanes are strictly for swimming or walking laps.

Cardio Splash and Swim Lesson Lanes are for organized programming.

Masters and GAC lanes are for swim team members