



# Studio Schedule 2009

SUN	MON	TUES	WEDS	THURS	FRI	SAT
		8:30 AM <i>Fitness Reformer</i> 50 min Charlie			8 AM <i>Fitness Reformer</i> 50 min Jan	8 AM <i>Fitness Reformer</i> 50 min
GO TO FRONT DESK TO BOOK		9:30 AM <i>Fitness Reformer</i> 50 min Charlie	9 AM <i>Fitness Reformer</i> 50 min Charlie	9:30 AM <i>Fitness Reformer</i> 50 min Tina	9 AM <i>Fitness Reformer</i> 50 min Jan	9 AM <i>Fitness Reformer</i> 50 min Charlie
<b><u>FREE TRAINING SESSIONS!</u></b> (alternate times may be available, inquire w/ an instructor)	9:30 AM <i>Fitness Reformer</i> 50 min					10 AM <i>Fitness Reformer</i> 50 min Jan
PILATES TEAM:						
Connie Freedman						
Charlie Tooch						
Tina Anderson	5:30PM <i>Fitness Reformer</i> 50 min Jan		5:30 PM <i>Fitness Reformer</i> 50 min Charlie			
Lexus Reaver						
Jan Field-Byrne				6:15 PM <i>Fitness Reformer</i> Jan		